# WAMINDA NEWSLETTER

September 2026

## Our Mission

Our mission here at Waminda is to support and enrich the lives of those living with disbility. Everything we do, we do to provide and exceptional participant experience. We are committed to creating an environment of respect, inclusion, and empowerment. We value diversity and promote equal opportunities for all participants to engage in their communities, build relationships, develop skills, and pursue their goals with confidence

## Birthday's This Month

17th Charmaine
18th Kyle
22nd Hope
23rd Felicity
28th Blaze
29th Kai

## Upcoming Events

- 10th Morning Mingle and RUOK Day - wear yellow
- 11th Queens Park trip in Toowoomba
- 21st Bunnings craft day
- 18th Spring Bluff trip with picnic lunch
- 19th Disco - Roaring 20s theme
- 25th $5.00 lunch - wear something bright and colourful

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## Round of Applause!

### Wendy Makings

At the Dalby Chamber of Commerce & Industry September meeting on Wednesday night the wonderful Wendy Makings from Brew Café was the recipient of the ‘Exceptional Service Award’! Members of the community nominate people throughout the month and the award is judged by the Chamber. This is a well-deserved honour for Wendy and all that she accomplishes at Brew,

# OUR NEXT MINGLE!

Join Brew Cafe in Dalby. Meet new people enjoy incredible food and coffee and jam out to Dj Sean!



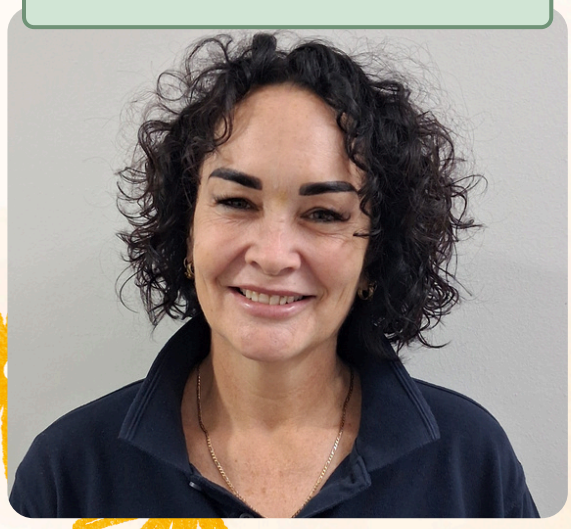
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## Our Waminda Staff

Hi, my name is Anna and I am the Clinical Care Co Ordinator at Waminda. I started 6 weeks ago, and I am loving my new position. I have been a nurse since I left school going straight into my hospital-based training as soon as I completed year 12 in 1993. I have worked for QLD Health in A&E, Maternity, Theatre, Recovery, Medical, Surgical and ICU including patient transfers to other hospitals for critical care. I have spent the last 5 years at Blue Care as a community nurse before coming to Waminda. I am married with 3 children and a beautiful little granddaughter named Brooklyn. I spend my spare time with my family, or I ride my horse !!! I look forward to working with you all and am available at anytime if you need me !!
Cheers legends
Anna

## Anna Dalton



## Fun Facts - Spring

Venus flytraps count touches using tiny trigger hair to make sure an insect is inside before they snap shut.

The fastest growing plant in the world is bamboo, which can grow up to 91 cm per day!

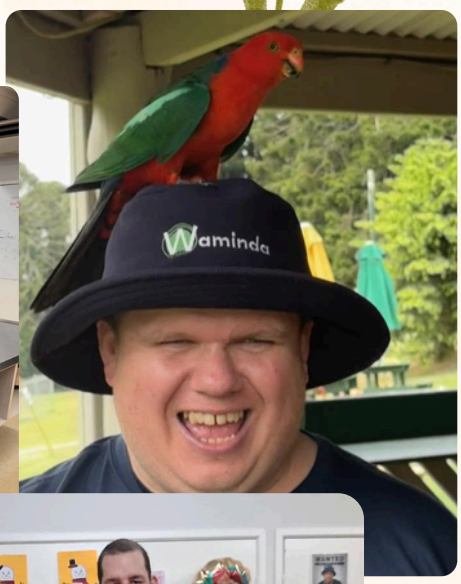
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## Last Month

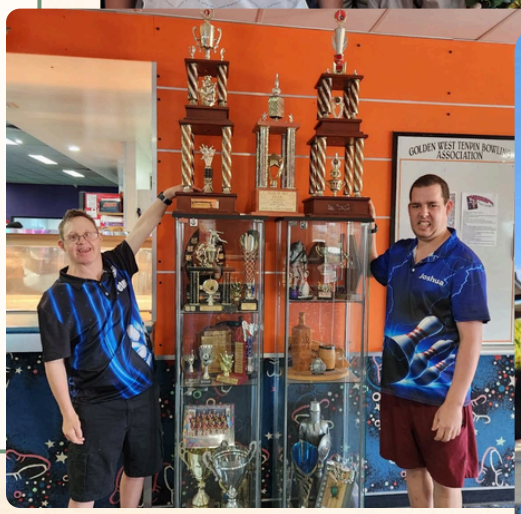
Last month was filled with plenty of fun, connection and new experiences for our participants! Everyone enjoyed getting involved in Daffodil Day and Red Nose Day, showing their support for important community causes. Participants also enjoyed cooking activities, bowling, and a range of exciting excursions to local museums, where they had the opportunity to explore, learn and discover something new. It was a fantastic month filled with laughter, creativity, community participation and making great memories together.














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## Jokes of the Month

- What happens to a frog's car when it breaks down? It gets toad away.
- A teacher asked her students to use the word "beans" in a sentence. "My father grows beans," said one girl. "My mother cooks beans," said a boy. A third student spoke up, "We are all human beans."
- Q: Can a kangaroo jump higher than the Empire State Building?

A: Of course. The Empire State Building can't jump.

## PIctures from throughout the month















Name: _____ Date: _____

# Spring has Sprung

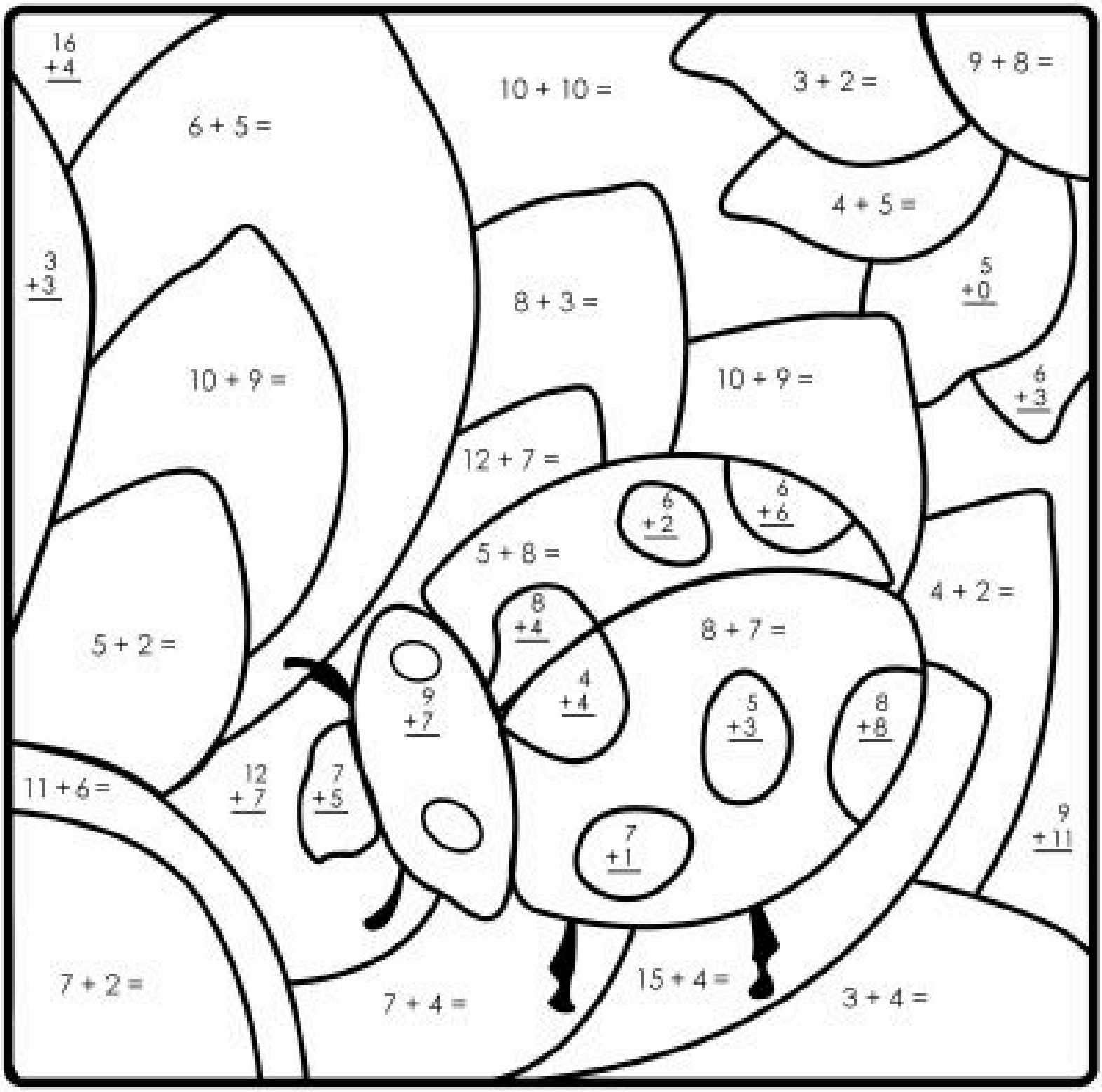
X L L B K D B B Y L F R E T T U B O N E L L O P
J K N L T V T H U N D E R S T O R M K H N S C K
R S O O S A W V G X K K K R G G Q F R H A A H A
G R L F D R N C X O R W G M H T A N E W N A X K
N B Q L T F K R R Q L W Y K S F V Q Q D I S U F
I B M M Q L I K M O O L B E K X D A F F O D I L
N A S A P L I N G N V R E T S A E B Y L H D R A
A B X K X Y X O S I E L T R F S S Y E W C F B R
E Y R G P X E Z I A C R A D B R Z S F V A X G Y
L A X A O Z L J R R Y S K J Q E D S D Q B W N V
C N Y O E E L L A P H G I S W W L A H O U V I Q
G I T O L Z Q U I P C G H S H O X R R G L R L M
N M L Y E R X C N G T E C E H L C G R K B I L F
I A L L T B P K B T A V M E C F N H L J S A E N
R L W G S G P Y O U H S M B P C H I C S A T M I
P S O R A D J C W Z N F Z C L O N Q Z F X H S B
S P L D P L O L D Y N N U B L Y S M M G O M T O
A U E J N B W O K M T E J L H Y N O M R A H E R
H S Y X X L Z V Y N Q I P J U I S A K X T F E I
L U F Y O J Q E T H U R Y J V Z B B U B B Z W X
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B L O S S O M I N G A K N H A M O X Z A C J M L
E N O G X X O J C S U N S H I N E P E O Z Z K S
T E F V K H L M U C G N I P R I H C N I B N P Z



Spring cleaning
sweet-smelling
thunderstorm
lucky clover
invigorating
baby animals
blossoming
butterfly
sunshine
chirping
daffodil
sapling
harmony
flowers
rainbow
grassy
pastel
joyful
Easter
pollen
robin
chics
bloom
bunny
bulbs
hatch
eggs
bees
anew
rain

Name: _____

Write the answer for each problem. Then color according to the key at the bottom.




| | | | | | |
|---|---|---|---|---|---|
| Black | 8, 12, 16 | Purple | 19 | Blue | 20 |
| Red | 13, 15 | Yellow | 5, 9 | | |
| Pink | 6, 7, 11 | Orange | 17 | | |